

# Relational physics in Group Field Theories

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# Overview

- **The relational strategy**
  - The classical and quantum perspectives
  - The emergent perspective and effective methods
  - Relational strategy and GFTs
- **Effective approaches**
  - General considerations
  - Coherent Peaked States
- **Conclusions**

# The relational strategy

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# Relational strategy: the classical and quantum GR perspective



Quite well understood from a classical perspective, less from a quantum perspective.

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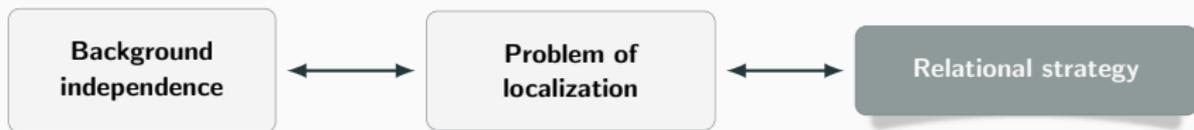
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## Classical

Physical localization via **relational observables**:

- ▶ Take two phase space functions,  $f$  and  $T$  with  $\{T, C_H\} \neq 0$  ( $T$  relational clock).
- ▶ The relational extension  $F_{f,T}(\tau)$  of  $f$  encodes the value of  $f$  when  $T$  reads  $\tau$ .
- ▶ Evolution in  $\tau$  is relational.
- ▶  $F_{f,T}(\tau)$  is a very complicated function.
- ▶ Applications almost only for very simple systems.

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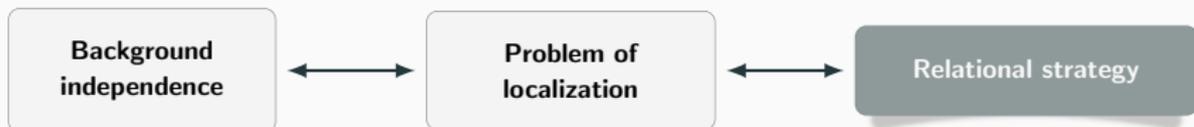
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**Reduced approach**: Relativity first.

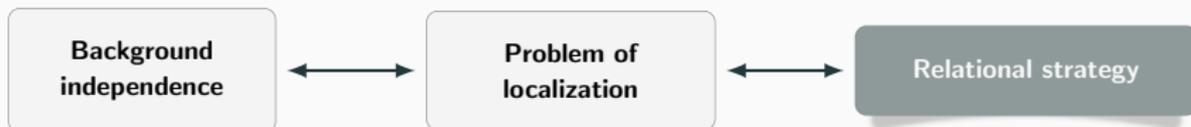
- ▶ No quantum constraint to solve.
- ▶ Not perspective neutral. Too complicated to implement in most of the cases.

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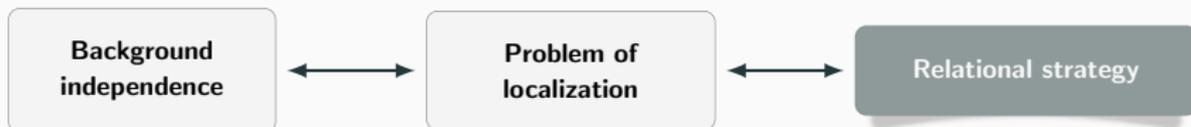
## Microscopic pre-geo

- ▶ Fundamental d.o.f. are weakly related to spacetime quantities;
- ▶ The latter expected to emerge from the former in an appropriate phase.

## Macroscopic proto-geo

- ▶ Set of collective observables;
- ▶ Coarse grained states or probability distributions.

# Relational strategy and emergent quantum gravity theories

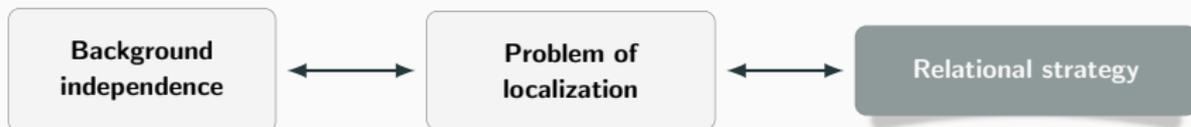


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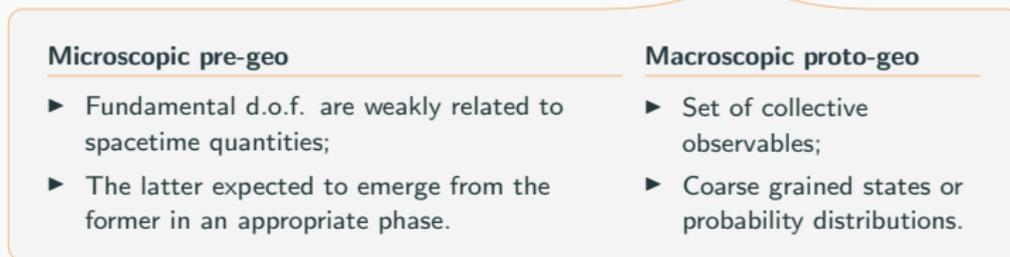


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## Effective approaches:

- ▶ More mathematical control and physical insights.
- ▶ Relevant for observative purposes.

# Relational strategy and the GFT Fock space

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# Relational strategy in GFT: difficulties

Ante quantum

## Classical

- ▶  $N$  classical GFT atoms:  $\mathcal{C}^{(i)} = G^d \times \mathbb{R}^d$ .
- ▶  $i$ th-atom deparametrizable wrt. a clock  $\chi^{0,(i)}$ .
- ▶ Synchronize the clocks  $\chi^{0,(i)} \rightarrow t_N$ .
- ▶ Deparametrized  $N$ -atoms system:  $\mathcal{C}_N = \mathbb{R} \times \Gamma_N$ .

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## Relational observables?

How to construct them without having manifest access to diffeos?



Simplest ansatz: localize operators wrt. clock data.

$$\hat{N} = \int dg_a d\chi \hat{\varphi}^\dagger(g_a, \chi) \hat{\varphi}(g_a, \chi),$$

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A scalar field should be represented as an operator on  $\mathcal{F}_{\text{GFT}}$ .

$\chi = \hat{\chi}$ -eigenvalue on "synchronous" states.

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- ▶ Extension to generic states and operators?

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The pre-geometric, many-body nature of GFTs hinders the implementation of the relational strategy!

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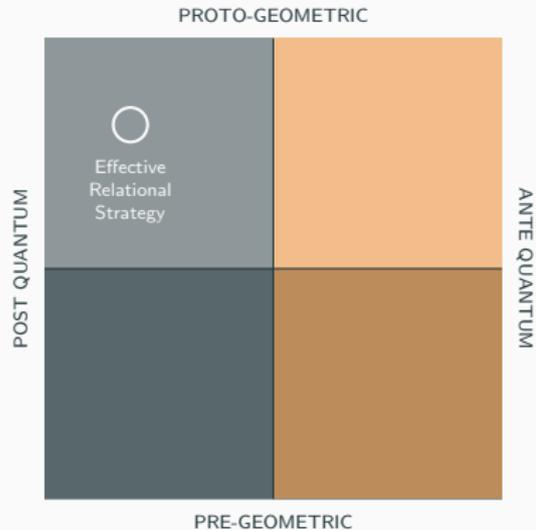
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# Effective approaches

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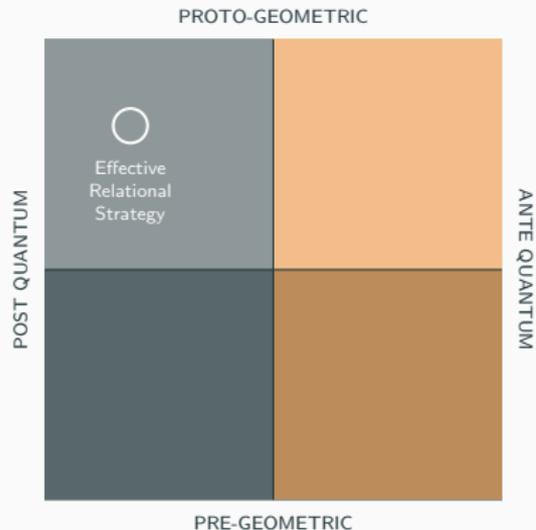


## Basic principles

**Emergence** Relational strategy in terms of collective observables and states.

**Effectiveness** Averaged relational localization.  
Internal frame not too quantum.

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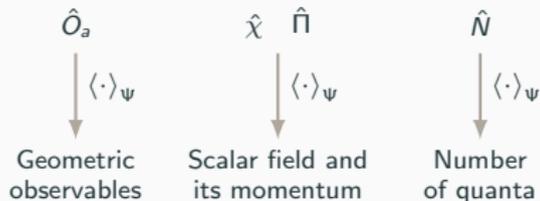
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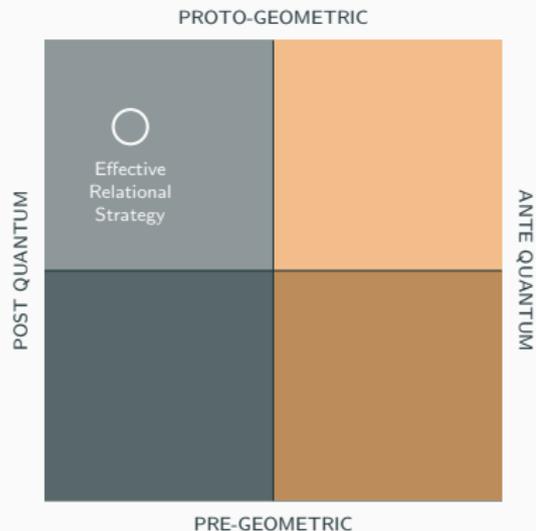
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### Emergence

- ▶ Identify (**collective**) states  $|\Psi\rangle$  admitting a **continuum** proto-geometric **interpretation**.
- ▶ Identify a set of collective observables:



# Emergent effective relational strategy



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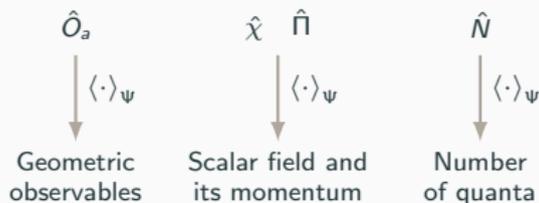
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### Effectiveness

- ▶ It exists a “Hamiltonian”  $\hat{H}$  such that

$$i \frac{d}{d \langle \hat{\chi} \rangle_\Psi} \langle \hat{O}_a \rangle_\Psi = \langle [\hat{H}, \hat{O}_a] \rangle_\Psi,$$

and whose moments coincide with those of  $\hat{\Pi}$ .

- ▶ Relative fluctuations of  $\hat{\chi}$  on  $|\Psi\rangle$  should be  $\ll 1$ :  
 $\Delta^2 \chi \ll 1, \quad \Delta^2 \chi \sim \langle \hat{N} \rangle_\Psi^{-1}.$

# Coherent Peaked States

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## GFT coherent states

- ▶ From the GFT perspective, continuum geometries are associated to large number of quanta.
- ▶ The simplest states that can accommodate infinite number of quanta are coherent states:

$$|\sigma\rangle = \mathcal{N}_\sigma \exp \left[ \int d^d \chi \int d\mathbf{g}_a \sigma(\mathbf{g}_a, \chi^\alpha) \hat{\varphi}^\dagger(\mathbf{g}_a, \chi^\alpha) \right] |0\rangle.$$

- ▶ Assuming  $\sigma(\mathbf{g}_a, \cdot) = \sigma(h\mathbf{g}_a h', \cdot)$ :  $\mathcal{D}$  = space of spatial geometries + matter at a point.
- ▶ Dynamics of  $\sigma$  determined by mean-field equations (“hydrodynamic approximation”).

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$$\sigma = (\text{fixed peaking function } \eta) \times (\text{dynamically determined reduced wavefunction } \tilde{\sigma}).$$
Peaking cannot be perfect to avoid large clock momentum fluctuations (Heisenberg principle).
- ▶  $\sigma$  is a distribution of (discrete) spatial geometries and matter at points  $x^\mu$  in the frame manifold.

**Spatial relational homogeneity:**

$\sigma$  depends on a MCMF “clock” scalar field  $\chi^0$

## Spatial relational homogeneity:

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**Number, volume** (determined e.g. by the mapping with LQG) and **matter** operators (notation:  $(\cdot, \cdot) = \int d\chi^0 d\bar{g}_a$ ):

$$\hat{X}^0 = (\hat{\varphi}^\dagger, \chi^0 \hat{\varphi}) \quad \hat{V} = (\hat{\varphi}^\dagger, V[\hat{\varphi}])$$

$$\hat{\Pi}^0 = -i(\hat{\varphi}^\dagger, \partial_0 \hat{\varphi}) \quad \hat{N} = (\hat{\varphi}^\dagger, \hat{\varphi})$$

# Macroscopic cosmological variables and effective relationality

## Spatial relational homogeneity:

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Observables

**Number**, **volume** (determined e.g. by the mapping with LQG) and **matter** operators (notation:  $(\cdot, \cdot) = \int d\chi^0 d\tilde{g}_a$ ):

$\langle \hat{O} \rangle_{\sigma_{x^0}} = O[\tilde{\sigma}]|_{\chi^0=x^0}$ : functionals of  $\tilde{\sigma}$  localized at  $x^0$

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### Clock expectation values

For large  $N$ ,  $x^0$  has a clear physical meaning:

$$\begin{aligned} \langle \hat{X}^0 \rangle_{\sigma_{x^0}} &\equiv \langle \hat{X}^0 \rangle_{\sigma_{x^0}} / N \quad (\text{intensive}) \\ &= x^0 \left( 1 + \delta X(x^0) / N(x^0) \right) \\ \langle \hat{\Pi}^0 \rangle_{\sigma_{x^0}} &= \langle \hat{H}_\sigma \rangle_{\sigma_{x^0}} \left( 1 + \text{const.} / N(x^0) \right) \end{aligned}$$

### Clock variances

For large  $N$ , clock fluctuations scale as  $N^{-1}$ :

$$\begin{aligned} \Delta_{\sigma_{x^0}}^2 \chi^0 &< \frac{1}{N} \left( 1 + \frac{\epsilon}{2(x^0)^2} \frac{1}{(1 + \delta X / N)^2} \right) \\ \Delta_{\sigma_{x^0}}^2 \Pi^0 &= \Delta_{\sigma_{x^0}}^2 H_\sigma \left( 1 + \text{const.} / N(x^0) \right) \\ \Delta_{\sigma_{x^0}}^2 H_\sigma &= \Delta_{\sigma_{x^0}}^2 N = N^{-1}(x^0). \end{aligned}$$

Relationality

## Mean-field approximation

- ▶ Mesoscopic regime: large  $N$  but negligible interactions.
- ▶ Derivative expansion of  $\mathcal{K}$  (due to peaking properties).
- ▶ Isotropy:  $\tilde{\sigma}_j \equiv \rho_j e^{i\theta_j}$  fundamental variables.

$$\tilde{\sigma}_j'' - 2i\tilde{\pi}_0\tilde{\sigma}_j' - E_j^2\tilde{\sigma} = 0.$$

# Classical limit and validity of the framework

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## Effective volume dynamics

$$\left(\frac{V'}{3V}\right)^2 \simeq \left(\frac{2 \sum_j V_j \rho_j \operatorname{sgn}(\rho_j') \sqrt{\mathcal{E}_j - Q_j^2/\rho_j^2 + \mu_j^2 \rho_j^2}}{3 \sum_j V_j \rho_j^2}\right)^2, \quad \frac{V''}{V} \simeq \frac{2 \sum_j V_j [\mathcal{E}_j + 2\mu_j^2 \rho_j^2]}{\sum_j V_j \rho_j^2}$$

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## Large number of quanta (large volume and late times)

- ✓ Volume quantum fluctuations under control.
- ▶ If  $\mu_j^2$  is mildly dependent on  $j$  (or one  $j$  is dominating) and equal to  $3\pi G$

$$(V'/3V)^2 \simeq 4\pi G/3 \longrightarrow \text{flat FLRW}$$

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## Mean-field approximation

- ▶ Mesoscopic regime: large  $N$  but negligible interactions.
- ▶ Derivative expansion of  $\mathcal{K}$  (due to peaking properties).
- ▶ Isotropy:  $\tilde{\sigma}_j \equiv \rho_j e^{i\theta_j}$  fundamental variables.

$$\tilde{\sigma}_j'' - 2i\tilde{\pi}_0 \tilde{\sigma}_j' - E_j^2 \tilde{\sigma} = 0.$$

## Effective volume dynamics

$$\left(\frac{V'}{3V}\right)^2 \simeq \left(\frac{2 \sum_j V_j \rho_j \text{sgn}(\rho_j') \sqrt{\mathcal{E}_j - Q_j^2/\rho_j^2 + \mu_j^2 \rho_j^2}}{3 \sum_j V_j \rho_j^2}\right)^2, \quad \frac{V''}{V} \simeq \frac{2 \sum_j V_j [\mathcal{E}_j + 2\mu_j^2 \rho_j^2]}{\sum_j V_j \rho_j^2}$$

## Large number of quanta (large volume and late times)

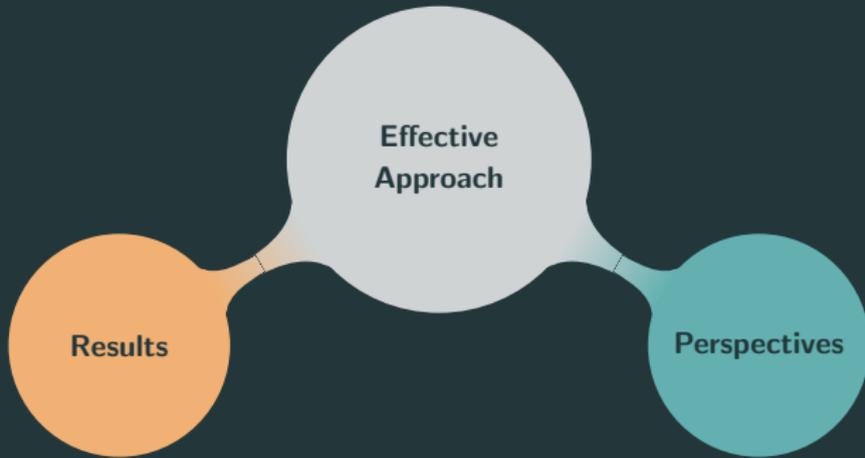
- ✓ Volume quantum fluctuations under control.
- ▶ If  $\mu_j^2$  is mildly dependent on  $j$  (or one  $j$  is dominating) and equal to  $3\pi G$
- ✓  $x^0 = \langle \hat{\chi}^0 \rangle_{\sigma_{x^0}}$ .
- ✓ Clock quantum fluctuations negligible.
- ✓  $\langle \hat{\Pi}^0 \rangle_{\sigma_{x^0}} = \langle \hat{H}_\sigma \rangle_{\sigma_{x^0}}$  (higher moments  $\simeq 0$ ).

$$(V'/3V)^2 \simeq 4\pi G/3 \longrightarrow \text{flat FLRW}$$

Effective relational framework **reliable!**

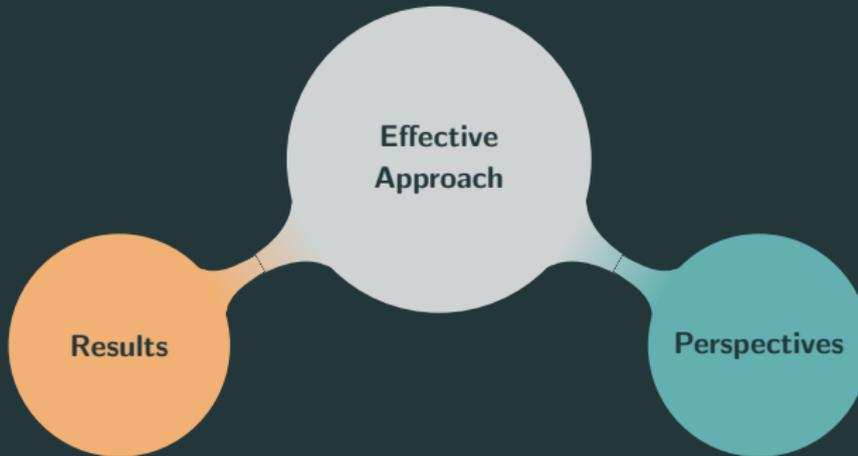
# Conclusions

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- ✓ Definition of an effective relational framework:
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- ✓ Crucial role of the number operator identified.



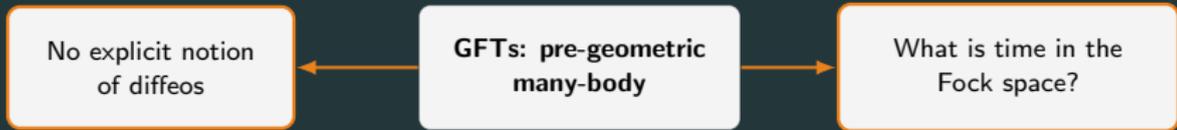
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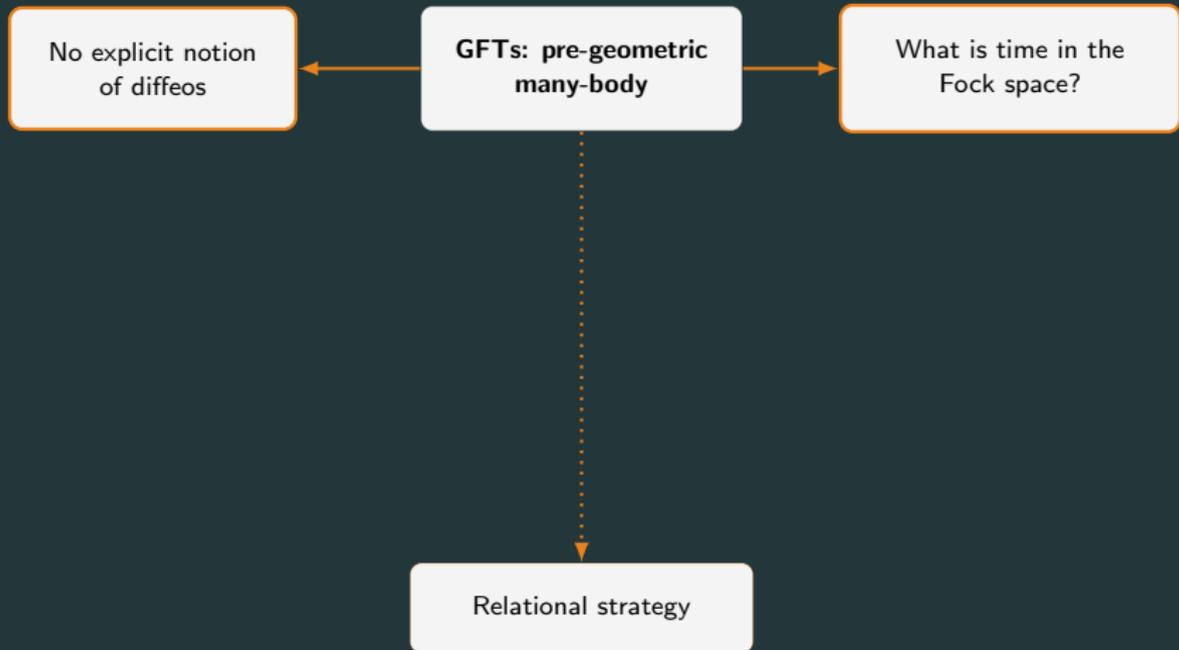


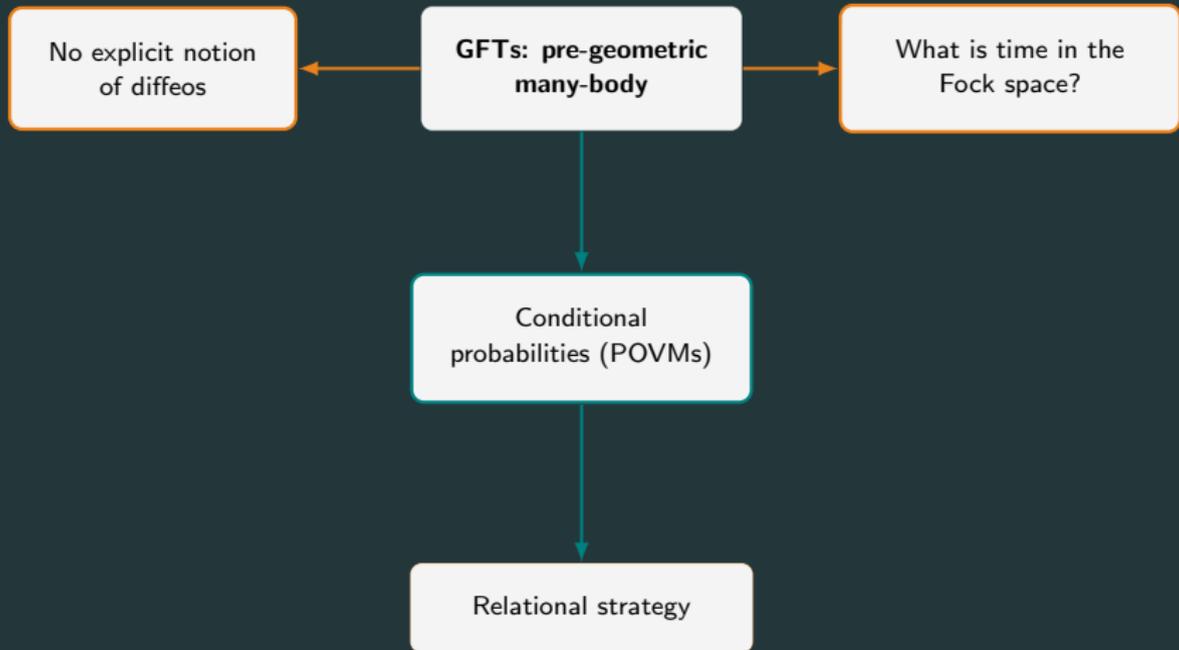
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What about relational observables in full GFTs?

**GFTs: pre-geometric  
many-body**







## Clock POVMs

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$$\langle \hat{O}_X^{(\chi, \xi)} \rangle_\psi = \langle \{ \hat{O}_X^{(\chi, \xi)}, \hat{E}_X \} \rangle_\psi$$

- ▶ Is it a sensible definition?  $\hat{E}_X$  is not a projector!
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## Comparison with previous results

$$\langle \hat{O}_x^{(\chi, \xi)} \rangle_\sigma = d\chi \left\{ \frac{1 - |\mathcal{N}|^2}{\|\sigma\|} \left[ \mathcal{O}^{(\chi, \xi)}(\chi) - \langle \hat{O}_x^{(\chi, \xi)} \rangle_\sigma \frac{N(\chi)}{\|\sigma\|} \right] + \langle \hat{O}_x^{(\chi, \xi)} \rangle_\sigma \frac{N(\chi)}{\|\sigma\|} \right\}.$$

- ▶  $\mathcal{N}$  normalization;  $\|\sigma\|$  condensate norm;
- ▶  $\hat{O}^{(\chi, \xi)}$  perspective-neutral obs.;
- ▶  $\mathcal{O}^{(\chi, \xi)}(\chi)$  exp. values of deparametrized obs.;
- ▶ When  $\|\sigma\| \ll 1$ ,  $\langle \hat{O}_x^{(\chi, \xi)} \rangle_\sigma = d\chi \mathcal{O}^{(\chi, \xi)}(\chi)$ .
- ✓ **Number:**  $\langle \hat{N}_x \rangle_\sigma = d\chi N(\chi)$ .
- ✓ **Scalar field:**  $\langle \hat{X}_x \rangle_\sigma / N(\chi) \propto d\chi \chi$ .
- ✓ **Geometry:**  $\langle \hat{O}_x^{(\xi)} \rangle_\sigma \propto d\chi \mathcal{O}^{(\xi)}(\chi)$  when  $\|\sigma\| \gg 1$  and single mode (= if symmetric).



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POVMs!

# Backup

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# Effective approach for constrained quantum systems

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**Construction of the effective system**

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## Construction of the effective system

### Step 1: definition of the quantum phase space

- ▶ Describe the system with exp. values  $\langle \hat{A}_i \rangle$  and moments:
- ▶ Poisson structure inherited from the algebra structure

$$\left\{ \langle \hat{A}_i \rangle, \langle \hat{A}_j \rangle \right\} = (i\hbar)^{-1} \left\langle [\hat{A}_i, \hat{A}_j] \right\rangle \quad (\text{same for } \Delta s).$$

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### Step 3: relational rewriting

- ▶ Determine the remaining gauge flow which preserves the gauge conditions.
- ▶ Write evolution of the remaining variables wrt.  $T$  (classical clock).

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How can this framework be generalized to a **field theory context**?

Infinitely many algebra generators.

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## Motivations

- ▶ Interest in a coarse grained system characterized by a small number of macroscopic (1-body) observables.
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## GFT with MCMF scalar field

Setting

- ▶ Free e.o.m.:  $\mathcal{D}\varphi \equiv (m^2 + \hbar^2 \Delta_g + \lambda \hbar^2 \partial_x^2)\varphi = 0$ .
- ▶ Quantum constr.  $\hat{C} = \int \hat{\varphi}^\dagger \mathcal{D}\hat{\varphi} = m^2 \hat{N} - \hat{\Lambda} - \lambda \hat{\Pi}_2$ .
- ▶ Generators:  $\hat{X}$ ,  $\hat{\Pi}$ ,  $\hat{\Pi}_2$ ,  $\hat{N}$ ,  $\hat{\Lambda}$  and  $\hat{K}$ .
- ▶  $\hat{K}$  such that  $[\hat{\Lambda}, \hat{K}] = i\hbar\alpha\hat{K}$ .

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- ▶ Expected to be the case for cosmology.

## Coarse-graining truncation

- ▶ When the e.o.m. are linear, consider an integrated 1-body quantum constraint.
- ▶ Algebra generated by minimal set of physically relevant operators (including constraint).

## GFT with MCMF scalar field

Setting

- ▶ Free e.o.m.:  $\mathcal{D}\varphi \equiv (m^2 + \hbar^2 \Delta_g + \lambda \hbar^2 \partial_x^2)\varphi = 0$ .
- ▶ Quantum constr.  $\hat{C} = \int \hat{\varphi}^\dagger \mathcal{D}\hat{\varphi} = m^2 \hat{N} - \hat{\Lambda} - \lambda \hat{\Pi}_2$ .
- ▶ Generators:  $\hat{X}$ ,  $\hat{\Pi}$ ,  $\hat{\Pi}_2$ ,  $\hat{N}$ ,  $\hat{\Lambda}$  and  $\hat{K}$ .
- ▶  $\hat{K}$  such that  $[\hat{\Lambda}, \hat{K}] = i\hbar\alpha\hat{K}$ .

## Expectation values and variances

gResults

- ▶ The procedure can naturally be carried over by choosing as clock variable  $\hat{K}$ .
- ▶ Relational evolution of  $\langle \hat{X} \rangle$  in agreement with classical cosmology.
- ▶ Fluctuations are decoupled from expect. values.
- ▶ If they are small at small  $\langle \hat{K} \rangle$  they stay small even at large  $\langle \hat{K} \rangle$  (probably associated to a constant  $\langle \hat{N} \rangle$ ).